

gem

WINTER 2018-19

NEWSLETTER



Alphonsine D'Entremont celebrating Yarmouth Heights' One Year Anniversary

WINTER ISSUE



WINTER AT THE INN

CHRISTMAS CELEBRATIONS

WINTER AT MELVILLE
HEIGHTS

A YEAR AT YARMOUTH
HEIGHTS

NEW YEAR'S AT THE MIRA

WINTER AT GROVES PARK
LODGE

VALENTINE'S DAY AT
WHITEHILLS

Winter at the Inn

Halifax, NS

Explore Halifax with a stay at the Garden South Park Inn

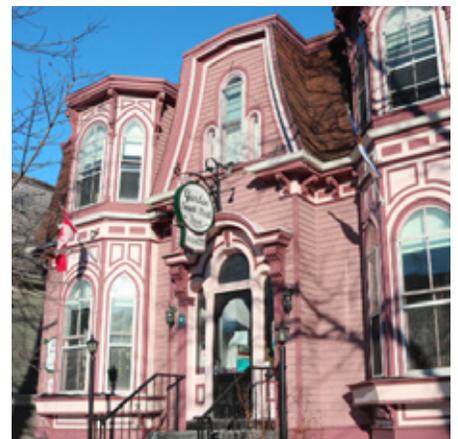
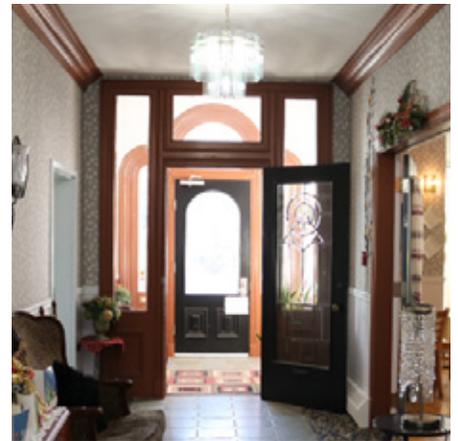
Located in the heart of downtown Halifax, the Garden South Park Inn is a renovated Victorian home from the 19th century.

The 23 guest rooms come with everything you need. Each is equipped with a private bath and either a queen, double, or two twin sized beds.

When you're not out exploring the rich culture and history Halifax has to offer, you can enjoy complementary cable television, local phone calls and unlimited internet access in your room or the internet lounge.

Before leaving in the morning, enjoy a delicious continental breakfast and in the evening, help yourself to tea and snacks in the dining area.

Begin your trip today!





GEM Health Care Group's Christmas Celebration

On November 30, Mr. and Mrs. Hussain hosted their annual Christmas dinner for GEM Health Care Group.

The evening began with a musical performance by the **Filipino Canadian Heritage Society of NS** and continued as a lovely night full of great food, live musical and dance performances, and even a performance by local comedian **Trent McClellan** from This Hour Has 22 Minutes!

The evening was concluded with a donation from GEM Health Care Group of \$2000 to Feed Nova Scotia. GEM supports their mission to increase food security in Nova Scotia.



Christmas at Melville Gardens

Halifax, NS

Over the holidays, Melville Gardens had many Christmas celebrations. The RCF Party was an evening filled with dancing, hors d'oeuvres, games and fun. Entertainment was provided by the well-known **Hal Bruce** and a special visitor from the North Pole! The Nursing Home Party was a lovely sit down dinner with residents and their family members. The residents sang Christmas carols with Music Therapist, Alyssa Lynch, and there was a photo-booth that residents especially enjoyed!



Head Office Look-alike

At the GEM Christmas Celebration, it was brought to our attention that one of our GEM Head Office staff members is a celebrity look-alike! What do YOU think?

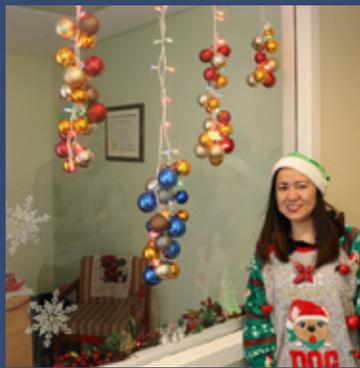


Head Office Staff Christmas

Halifax, NS

Head office kicked off the holidays with a day of festivities! The day included a window decorating contest and crazy clothes competition judged by Administrator, Tara Deveau.

Mylyne Pine, Staff Accountant, took first place for the window competition with her fabulous window decorating skills! The crazy clothes competition winner was Marketing Associate, Jasmine Golf. Staff then played a game of Yankee Swap with a twist! It was a great day with lots of laughs!



First place winner, Mylyne Pine, standing next to her window



GEM staff modeling for the crazy clothes competition

Staff Christmas Party at Yarmouth Heights

Staff at Yarmouth Heights celebrated the holidays with an ugly Christmas sweater day and a staff Christmas party!

Their Christmas outfits turned out absolutely spectacular!



Christmas at Centennial Villa

Amherst, NS

Centennial Villa had several Christmas events this holiday season.

On December 6th, residents and their families gathered for the Family Christmas Party. The acapella group, **The Fella's**, provided a melodic performance for the evening. The music was enjoyed by all!

Residents and friends also enjoyed Christmas Tea, an event that took place in the afternoon on Christmas day. Gables Lodge residents were invited to join in as well.

Residents had a relaxing afternoon filled with tasty treats and delicious tea!



Ruth Smith and Julie Roach enjoying some social time before their families arrive



Resident Shirley Partiquin on the left with her daughter and son-in-law



Local acapella group, The Fella's, performing at the Family Christmas Party



Clients from the Adult Bridge Workshop enjoying the afternoon tea



Gables Lodge resident sitting with Recreation Director, Cassidy Langley



Gables Lodge resident's enjoying the afternoon



Winter at Melville Heights

Halifax, NS

This past winter at Melville Heights has been filled with many exciting activities.

The holidays began with the annual Christmas Gala Dinner. At the event, residents had a chance to pose for a photo with Santa!

At Melville Heights, the New Year was rung in at 8:00 pm to celebrate New Year's Eve with England. Residents had a great time at the social and resident Charles Watt had his granddaughter visit him all the way from Quebec!

On January 25th, Melville Heights held a Robbie Burns Celebration with live music from **Nelson Ferguson & Friends** and readings by our very own Mr. Ron Ross!



Staff Spotlight

Melville Heights staff member of 26 years and Toonies for Change winner, Irene Sampson accepting a cheque for \$5914 from Rotarian Dick Hodgson.

She is surrounded by Lori Cormier, Activity Director, on the left and a small gathering of Irene's resident fan club!



Colin & Melba MacEachern at the New Year's Eve Social



Lori Cormier (right) with Jessie Heintzman who was visiting her Grandfather for New Year's Eve



Maude Lowe posing for a photo with Santa at the Christmas Gala



Piper Wendy Johnston and Ron Ross at the Robbie Burns Celebration



A Year at Yarmouth Heights

Yarmouth, NS

On February 1st, Yarmouth Heights celebrated their one year anniversary of being opened!

Residents enjoyed a lavish tea party with refreshments and tea served in beautiful porcelain tea cups.

This winter, residents have been a part of tons of exciting activities and entertainment such as line dancing, live musical performances, and a fiesta!



The Mira

Truro, NS



Happy New Year!

New Year's Eve was a fabulous evening of festivities at The Mira. The event started off by playing a huge game of balloon volleyball!

Following the volleyball game, everyone gathered in a circle and enjoyed some up-beat music, chips, and of course celebratory beverages! Many residents joined in dancing and singing along. The afternoon was finished off by counting down to "midnight" and having a balloon drop!

Apart from New Year's Eve festivities, The Mira has been busy this winter with tons of exciting activities! A Paint Night was hosted in collaboration with the **local Beavers Group**. The Beavers and residents got together to paint snowman pictures taught by a local artist who came in for the evening.

On January 11th the Mira was privileged to have the **Maritime Marionettes** perform for them. This was the first time this has ever happened here, so it was a real treat for residents! All family, residents and staff were invited to attend, and there was a great turnout!

The Maritime Marionettes performed Little Red Riding Hood, and afterwards had a little show and tell with the Marionettes. They explained how they were made and how they operate them with all those strings!

The Mira can't wait to welcome them back next year!



▶ Lynn and Elmer dancing on New Year's Eve



▼ Mona posing for a photo with her snowman painting

▲ John getting ready to hit that balloon!



◀ Shirley sporting her New Year's hat





▼
**FLORENCE AND
HELEN ENJOYING
THE FESTIVITIES ON
NEW YEAR'S EVE**



▲
**ONE OF MANY
GREAT SNOWMAN
PAINTINGS FROM
PAINT NIGHT AT THE
MIRA!**



▲
**JEAN AND
SCOTT HAVING
AN IMPROMPTU
KARAOKE SESSION!**



▼
**KIMMIE AND ANNE
POSING FOR THE
NEW YEAR'S PHOTO**



▲
**BRENDA
WATCHING ALL THE
SHENANIGANS
ON NEW YEAR'S EVE**



▲
**SHIRLEY SHOWING
OFF HER SNOWMAN
PAINTING**



Winter at Groves Park Lodge

Renfrew, ON



Our Therapy Dogs bring great joy to our residents, especially Olive!



When the weather is cold and snowy outside our residents are busy and warm inside playing curling!!



One of our couples, Sam and Sandra, at the New Year's Eve Party.

Whitehills Rockin' Sock Hop

Whitehills had a 1950s themed Valentine's Day party with lots of fantastic decorations created by grade 6 students at **Madeline Symonds Middle School!**

Residents chose Curtis and Mary Anne Conrad as the King and Queen for the event and everyone enjoyed the live musical performance by **Doug Hawco!**



*Favorite
Recipes
from
Gables Lodge*



Centennial Villa Spotlight

A donation was made to the Adult Bridge Workshop by Acting President of Resident Council, Verna Dowe.

The money was raised by selling tickets for a basket and all proceeds raised were donated to this wonderful group.

CHOCOLATE CHIP COOKIES

Beat until light and fluffy:

- 1/2 cup shortening
- 1/2 cup white sugar
- 1/4 cup brown sugar
- 1 egg
- 1 tsp. vanilla

Add:

- 1 cup flour
- 1/2 tsp baking powder
- 1/2 tsp salt

Blend well, stir in chocolate chips. Drop from top onto ungreased cookie sheet. Bake for 8-10 minutes at 350°F.

Recipe taken from
Favorite Recipes from Gables Lodge
Courtesy of Debbie Taylor

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