**Heat Related Illness Prevention and Management Plan – Interventions**

*Interventions are used during prolonged, severe hot weather. All Prevention strategies discussed in the previous section are ongoing.*

**Administration**

* Implement resident care policies and procedures related to hot weather conditions.
* Implement environmental policies and procedure related to hot weather conditions.
* Determine when emergency contingency plans are to be implemented.

**All Staff**

* Monitor residents’ responses to interventions implemented.

**Medical/Nursing**

* Notify physician of any resident suspected of or assessed to have heat related illness.

**Food Service/Nutritional Care**

* Monitor, evaluate, and reassess fluid requirements as needed based on signs and symptoms in all residents with a particular focus on those assessed as being at high risk. Residents considered at a high risk include residents receiving enteral nutritional therapy, thickened fluids, residents on fluid restrictions, and residents who require assistance with eating and drinking.
* Determine the need to provide interventions to correct electrolyte imbalances.
* Reduce use of heat generating equipment.

**Programming**

* Avoid and/or cancel outdoor programming.
* Avoid and/or cancel programs where air-conditioned transport or air-conditioned indoor settings are not possible.
* During programs, if resident status changes, immediately notify registered staff and obtain assistance; administer first aid as necessary and implement appropriate heat illness interventions.

**Maintenance**

* Implement alternate methods for air cooling as appropriate.
* Ensure air-conditioning units are installed and functioning in the laundry and kitchen areas, as well as any other area as necessary.